

SHS CYCLE MENU NOV 2017

		11/1	11/2	11/3
		LUNCH Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers & Fruit	LUNCH Pasta Alfredo, Garlic Bread, Veggie & Fruit	LUNCH Cheese or Pepperoni Pizza, House Salad, & Fruit
11/6	11/7	11/8	11/9	11/10
LUNCH Upside Down Day, French Toast Sticks, Syrup, Link Sausage & Fruit	LUNCH Chicken Cordon Bleu, French Fried Potatoes, Bacon Wrapped Green Beans, & French Apple Crisp W Vanilla Ice Cream	LUNCH Hamburger/Cheeseburger, Baked Potato Chips, Dill Pickle & Fruit	LUNCH Bow Tie Pasta W/ Meatballs, W/No Sauce, Bread Sticks, House Salad & Fruit	NO SCHOOL
11/13	11/14	11/15	11/16	11/17
NO SCHOOL	LUNCH Chicken Nuggets, Baked French Fried Potatoes, Veggie & Fruit	LUNCH Nachos, Tortilla Chips W/Seasoned Beef, Lettuce, Tomatoes, Salsa, Sour Cream, Cheese Sauce & Fruit	LUNCH Cheese Pasta Ravoli, Bread Sticks, House Salad & Fruit	LUNCH Chicken Cuesadillas Pizza, Cucumber/Tomato Slices Fruit & Yogurt
11/20	11/21	11/22	11/23	11/24
LUNCH Chocolate Chip Pancakes, Syrup, Link Sausage, Baby Cake Potatoes, & Fruit	LUNCH Popcorn Chicken, Veggie Fried Rice, & Fruit	LUNCH Thanksgiving Meal, Turkey, Stuffing, Mashed Potatoes, Gravy, Veggies, Cranberry Sauce & Fruit	NO SCHOOL	NO SCHOOL
11/27	11/28	11/29	11/30	
LUNCH Hot Dog on a Whole Wheat Roll, Chicken Noodle Soup, Goldfish Crackers, & Fruit	LUNCH Chicken Tenders Tatar Potatoes, Veggie & Fruit	LUNCH Pancakes, Sausage Patties, Syrup & Fruit	LUNCH Meatball & Spaghetti, Bread Sticks, Veggie & Fruit	
BREAKFAST ALTERNATE:		Cold Cereal		
LUNCH ALTERNATE:		#1 Peanut Butter & Jelly, #2 Hot Dog, #3 Grilled Cheese, #4 House Salad		

Note 1: Fresh fruit and other snacks are available every day at the snack counter.

Note 2: 1% milk is available and is payable by separate check.