

SHS CYCLE MENU MAY 2018

	5/1	5/2	5/3	5/4
	LUNCH Chicken Pattie on a Whole Wheat Roll, Baked French Fries, Veggie & Fruit	LUNCH Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers, Celery Sticks & Fruit	LUNCH Cinco de Mayo Chicken Fajita on a soft shell, Lettuce, Tomatoe, Cheese, Salsa, Sour Cream, Cinco de Chocolate Cup Cake & Pineapple & Mango	LUNCH Cheese Pizza, Tossed Salad, Fruit & Oatmeal/ Raisin Cookies
5/7	5/8	5/9	5/10	5/11
LUNCH Upside Down Day Chocolate Chip Pancakes, Sausage Links, Baby Cake Potatoes, Syrup & Fruit	LUNCH Chicken Nuggets, Pilaf Rice, Veggie & Fruit	LUNCH Nachos, Tortilla Chips w/seasoned Beef, Cheese, Lettuce, Tomatoes, Salsa, Sour Cream & Fruit	LUNCH Meatballs & Spaghetti, Bread Sticks, Veggie & Vanilla Pudding	LUNCH Bacon or Cheese Pizza Tossed Salad, Vanilla Yogurt & Fruit
		8 th Grade Field Trip	Ascentiom Thursday	
5/14	5/15	5/16	5/17	5/18
LUNCH Upside Down Day French Toast Sticks, Bacon Slices, Syrup & Fruit	LUNCH Popcorn Chicken, Baked French Fries, Chocolate Pudding, Veggie & Fruit	LUNCH Tacos, Seasoned Beef on a Soft Shell, Lettuce, Tomato, Salsa, Cheese, Sour Cream & Fruit	LUNCH Pasta Ravoli w/Cheese, Tomato Sauce, Garlic Bread, Veggie & Fruit	LUNCH Pepperoni or Cheese Pizza, Tossed Salad, Vanilla Pudding, Sugar Cookies & Fruit
			Middle School Field Trip	
5/21	5/22	5/23	5/24	5/25
LUNCH Upside Down Day Pancakes, Sausage Links, Baby Cake Potatoes, Syrup & Fruit	LUNCH Chicken Tenders, Mashed Potatoes W/WO Gravy, Oatmeal/Raisin Cookies, Veggie & Fruit	LUNCH Corn Dog/ Chili W/Beans, Goldfish Crackers, Celery Sticks & Fruit	LUNCH Pasta Alfredo, Bread Sticks, Tossed Salad & Fruit	LUNCH Cheese Pizza Sticks, Dipping Sauce, Carrot Sticks, Chocolate Pudding & Fruit
5/28	5/29	5/30	5/31	
NO SCHOOL	LUNCH FIELD DAY Hamurger/Cheeseburger or Hot Dog, Potato Chips, Pickle, Watermelon & Lemon Ade or Fruit Punch	LUNCH Chicken Nuggets, Baked French Fries, Veggie & Fruit	LUNCH Bow Tie Pasta W/WO Red Sauce, Bread Sticks, Veggie & Fruit	
BEAKFAST ALTERNATE: Cold Cereal				
LUNCH ALTERNATE: #1 Peanut Butter & Jelly, #2 Hot Dog, #3 Grilled Cheese, #4 House Salad				

note 1: Fresh fruit and other snacks are available every day at the snack counter.
 note 2: 1% milk is available and is payable by separate check.